

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 13:00 untill 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Eylen Thomas HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 14:52	
Heat: 7/7 Lane : 6 Athlete: BOXHO ALICE							Q-time: 02:41:42	
PB (25m pool): 02:41.42 Sinbad 22/07/2025							PB (50m pool): 02:55.42 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.27		no time		no time		02:41.42
	00:34.27							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:56	
Heat: 1/7 Lane : 2 Athlete: EUGENE FELIX							Q-time: 99:99:99	
PB (25m pool): 02:32.70 LEUVEN - Sportoase 22/12/2024							PB (50m pool): 02:33.97 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.35		01:12.48		01:59.78		02:32.70
	00:32.35			00:40.13		00:47.30		00:32.92
								

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+							Heat:9, starttime: 15:41	
Heat: 9/11 Lane : 3 Athlete: DE CORTE ALIX							Q-time: 01:21:79	
PB (25m pool): 01:21.79 Zaventem 15/07/2025							PB (50m pool): 01:23.20SB: 01:21.88 Sint-Pieters-Leeuw 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:37.56		01:21.79				
	00:37.56		00:44.23					
								

Coach feedback:

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Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 15:43
Heat: 10/11 Lane : 1 Athlete: GAYTANT MIRTHE					Q-time: 01:21:61
PB (25m pool): 01:21.48 Sint-Niklaas 28/12/2025					PB (50m pool): 01:24.73 SB: 01:21.48 Sint-Niklaas 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.66		01:21.48	
	00:38.66		00:42.82		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:11, starttime: 15:45
Heat: 11/11 Lane : 2 Athlete: GAYTANT STERRE					Q-time: 01:18:56
PB (25m pool): 01:18.43 LEUVEN 24/11/2024					PB (50m pool): 01:21.87 SB: 01:19.78 Sint-Niklaas 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.98		01:18.43	
	00:36.98		00:41.45		
					

Coach feedback:

Event number: 21: 200M BACKSTROKE MEN 11+					Heat:4, starttime: 16:52			
Heat: 4/4 Lane : 5 Athlete: TRIANGLE LARS					Q-time: 02:24:94			
PB (25m pool): 02:24.94 Sinbad 22/07/2025					PB (50m pool): 02:31.46 SB: 02:26.27 Leuven 12/10/2025			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.01		01:10.74		no time		02:24.94
	00:34.01		00:36.73					
								

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:12, starttime: 17:17			
Heat: 12/15 Lane : 6 Athlete: GAYTANT MIRTHE					Q-time: 01:04:97			
PB (25m pool): 01:01.81 LEUVEN 21/12/2025					PB (50m pool): 01:04.97 SB: 01:01.81 LEUVEN 21/12/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:30.00		01:01.81				
	00:30.00		00:31.81					
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZORO

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:13, starttime: 17:19
Heat: 13/15 Lane : 5 Athlete: BOXHO ALICE					Q-time: 01:03:38
PB (25m pool): 01:03.38 Zaventem 15/07/2025					PB (50m pool): 01:05.64 SB: 01:04.96 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.64		01:03.38	
	00:30.64		00:32.74		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:14, starttime: 17:21
Heat: 14/15 Lane : 1 Athlete: DE CORTE ALIX					Q-time: 01:02:57
PB (25m pool): 01:02.57 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:04.50 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.03		01:02.57	
	00:30.03		00:32.54		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:15, starttime: 17:22
Heat: 15/15 Lane : 3 Athlete: GAYTANT STERRE					Q-time: 00:57:56
PB (25m pool): 00:57.56 Gent 09/11/2025					PB (50m pool): 00:59.04 SB: 00:57.56 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.46		00:57.56	
	00:27.46		00:30.10		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:10, starttime: 17:40
Heat: 10/10 Lane : 5 Athlete: EUGENE FELIX					Q-time: 00:56:02
PB (25m pool): 00:56.02 Zaventem 15/07/2025					PB (50m pool): 00:58.86 SB: 00:58.28 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.43		00:56.02	
	00:26.43		00:29.59		
					

Coach feedback: